



Asheville Amblers
 PO Box 18957
 Asheville, NC 28814
 ashevilleamblers.com

ASHEVILLE AMBLERS

AVA-046

Invite you to

FALLS AND FOLIAGE

SE19/4677 – CRADLE OF FORESTRY/PINK BEDS

SE19/4676 – GRAVEYARD FIELDS

October 12/13, 2019



Above image is a sketch – not the final product



Date: Sat-Sun, Oct 12/13

Registration Point: Both walks – Amphitheater, Cradle of Forestry. Driving directions to Graveyard Fields provided at registration.

Registration Check-In Times: Sat 9-4:30, Sun 9-2. Finish by 4:30

Trails: Cradle of Forestry/Pink Beds - 5/6/11KM. Located in Pisgah Nat'l Forest, event includes two loops, both with vivid Fall colors. Cradle Loop (rated 2A) shows the beginning of the Nat'l Forest Service with the first forest school taught by Dr. Carl Schenck. Includes original school house, Ranger home, Commissary, student lodge and other buildings used in school. See train engine and saw mill used to harvest trees.

Along the way see Moon Trees (Sycamore) grown from seeds that went to the Moon. Movie in Visitor Center should not be missed.

Pink Beds Loop (rated 2B) is a woodland walk along a babbling stream to a beaver pond. Vivid colors along the way. Both loops qualify for Bridges Special Program.

Graveyards Fields 6/11KM rated 3C. Located in Pisgah Nat'l Forest and on the Blue Ridge Parkway, event includes two falls, a portion of the Mountains to the Sea Trail, vivid Fall colors and a walk along a cheerful river. Spectacular views along Blue Ridge parkway are not to be missed.

First Class Mail
 Address Correction requested

Trail Notes: No wheel chairs or strollers on Graveyard or Pink Beds Loop. OK for Cradle. No pets. Good hiking boots and poles recommended for Graveyard. Always carry water and snacks. No phone service nor handy places to buy water or snacks within 30 minutes of start points.

Fees and Awards: \$8 entry fee. Walks are free and open to the public. IVV credit \$3. IVV credit for children 15 and under is free. "A" award \$4. **DONATIONS WELCOME.**

Refreshments: Brat Plate (brat, bun, chips, and drink) \$4. Add \$1 for N/A beer.

Specialties: IVV books, club memorabilia, "A and B" awards and club shirts available.

Procedure: All participants must pre-register for entry, walk credits and food. At Amphitheater Registration Point, all complete a Start Card. Card is carried on walk and returned when done. This applies even if you are a free walker. An adult must accompany all children under 16. All Start Cards remain the property of the Asheville Amblers.

Stipulations: Event proceeds rain or shine. NO REFUNDS.

Disclaimer: The sponsors are not responsible for accidents, theft, and/or material damage. Every effort has been made to make this a safe, enjoyable and memorable event.

Where to stay: Holiday Inn Express and Hampton Inn in Brevard are closest. Camping at Davidson River Camp ground, Nat'l Forest Service.

While You are In the Area: Looking Glass Falls and Sliding Rock (you slide down a long rock into pool) are on road to Cradle. Brevard Town YRE is a quiet walk through a university town. Brevard Estatoe YRE is a flat walk on forest trail along the Davidson River. There are other YREs in Asheville, Waynesville, and Hendersonville.

What is a Volkswalk: A non-competitive walk, typically 10KM (6.2 miles) long through an historic or scenic area. It is designed to promote fun, fitness and fellowship. American GIs brought it from Germany in the 1960s.

Directions: To Cradle, 11250 Pisgah Hwy, Pisgah Forest, NC 28768. From I-26, take Exit 40 and go south 16 miles on NC 280 to intersection with US 276. Right on 276, 11 miles to Cradle entrance on right. Walk through Visitor Center and right on trail to amphitheater.



For More Information
Contact: Judy Michele
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Updates at Asheville Amblers
www.ashevilleamblers.com



PRE-REGISTRATION FORM					
Name:					
Address:					
Email:					
Entry Fee \$8	Cradle \$3/Free	Graveyard \$3/Free	Brat Plate \$4	NA Beer \$1	Total \$
Asheville Amblers 27 Cane Creek Circle Fairview, NC 28730					Total Enclosed
NO REFUNDS. PAYMENT MUST BE RECEIVED BY 10/9/19					